

NEW PRICE!

Signature Box

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Breaded Chicken Breast Chunks
- 1 lb. Lean Ground Beef
- 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.)
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. **Bonus Item** - Lean Ground Beef
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Carrots
- 1 lb. Frozen Corn
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Pasta
- 26 oz. Pasta Sauce
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs

NEW LOW PRICE!

\$28.95

New & Improved!

Fast and Flavorful Cuisine

Convenience meals great for seniors and people living with diabetes!
Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Fish Fillet**, Lightly Breaded & Baked, with a Rice Blend, Carrots and a Broccoli/Red Pepper Blend
- Sweet and Sour Pork** with Rice, a Green Pea/Carrot Blend and Cauliflower
- Red Beans and Rice** with Smoked Pork Sausage, Carrots and Brussels Sprouts
- White Chicken Cacciatore** with Rice, Carrots and Yellow Squash with Onions
- Breaded Chicken Parmigiana** with Spaghetti, Corn/Red Pepper Blend and Zucchini
- White Chicken and Gravy** over Noodles, Corn and Broccoli
- Salisbury Steak & Gravy** with Red Wedge Potatoes, a Green Pea/Carrot Blend and Brussels Sprouts
- Meatball Stroganoff** over Noodles, Carrots and Broccoli
- Country Herb White Chicken** with Mashed Potatoes, Green Peas and a Lima Bean/Red Pepper Blend
- Macaroni and Cheese**, Black Bean, Corn and Red Pepper Blend and Cauliflower

\$28.00

Core Food!

Just 4 Me – After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers
- 1.5 lb. Mini Corn Dogs
- 1 (3.88 oz.) The BBQ "Sammich"
- 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches)
- 4 (4 oz.) Hot Pockets
- 1 (12 ct.) Pizza Bites
- 1 (6 ct.) Cereal Bars
- 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches)
- 3 (2.2 oz.) PBJ on Graham Wafer
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

\$24.00

AUGUST SPECIAL #1

- Assorted Grill Box (6 lb.) \$24.00**
- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
 - 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
 - 1.5 lb. Mild Italian Sausage
 - 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

AUGUST SPECIAL #2

- Steak and Chicken Box (4 lb.) \$23.00**
- 2 lb. Ribeye Steaks (4 x 8 oz.)
 - 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

AUGUST SPECIAL #3

- 12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.) \$22.00**
- 4 Italian Chicken Breast (6 oz. ea.)
 - 4 Teriyaki Chicken Breast (6 oz. ea.)
 - 4 Lemon Herb Chicken Breast (6 oz. ea.)

NEW!!! ALL NEW ITEM!!! NEW!!!

AUGUST SPECIAL #4

- Oven Ready Entrées by Angel Food \$24.00**
- 4 (2 lb.) Fully cooked Meals - Just Heat and Serve
 - 2 lb. Seafood Lasagna
 - 2 lb. Lasagna with Meat Sauce
 - 2 lb. Country Fried Steak with Gravy
 - 2 lb. White Chicken Noodle Casserole

NEW LOWER PRICE!!!

AUGUST SPECIAL #5

- Premium Fresh Fruit and Veggie Box \$21.00**
- 1 Cantaloupe
 - 4 Peaches
 - 4 Navel Oranges
 - 1 Mango
 - 1 Cello Head Lettuce
 - 1 lb. Cello Carrots
 - 2 lb. Yellow Onions
 - 3 lb. Idaho Potato
 - 20 oz. bag Fresh Green Beans
 - 1 Head Cabbage
 - AFM Fruit and Veggie Recipe Sheet



AUGUST SPECIAL #6

- Bit O' Blessing Box \$21.00**
- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
 - 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or 2 lb. Mac & Beef Entrée
 - 1.5 lb. Country Fried Steak Patties
 - 1 lb. Ground Beef
 - 1 lb. Crunchy Fish Bites
 - 1 lb. Frozen Fruit or Green Beans
 - 1 lb. Rice

Sign up **August 13th, 4-6pm -- 14th, 9-Noon**
At The Gospel Center 26 N 7th Street
Distribution Day: **August 21st, 8-11am**
At 8th Street Middle School

Angel Food Ministries is a non-profit, non-denominational organization that is dedicated to providing quality food for individuals and families at a reasonable price. Each Signature box is always sold for \$30, and has a value of \$55-\$70. This is not "seconds", outdated or damaged merchandise. It is top quality food that has been made available for purchase.

In addition to the Signature box we have a Senior Convenience box, an After School Box, There is no limit to the amounts of boxes or Specials that can be purchased.

Every month will have a different menu which will feed a family of four for a week, or a single person for nearly a month.

Menus are available on distribution day for the following month.

Policy on "Forgotten Boxes"

We will attempt to reach you the morning of the distribution if it is almost closing time and your order has not been picked up. However, food not picked up by 11:00 AM on distribution day will be given to charity. Please note:

WE CANNOT REFUND YOUR MONEY

Orders can be placed on distribution day for the following month's menu, and on the Saturday dates listed in this brochure. In person payments may be made in cash, check, credit card, money order, or EBT (food stamp) card.

3 ways to order:

Online www.thegospelcenter.com

in person August 13th, 4:00 to 6:00pm and August 14th, 9:00 to Noon

At **The Gospel Center 26 N. 7th St. Lebanon, Pa**

By mail, fill out order send with check or MO to P O Box 780

Jonestown, Pa. 17038 Enclose SASE (Self addressed stamped envelope) if you want a receipt mailed to you.

We must receive your order no later than August 17, 2009

	<i>Number of Boxes</i>	<i>Total Amount</i>
<i>Signature Box</i>	\$28.95 X _____	= _____
<i>Senior & Convenience Meals</i>	\$28 X _____	= _____
<i>After School Box</i>	\$24 X _____	= _____
<i>Special #1</i>	\$24 X _____	= _____
<i>Special #2</i>	\$23 X _____	= _____
<i>Special #3</i>	\$22 X _____	= _____
<i>Special #4</i>	\$24 X _____	= _____
<i>Special #5</i>	\$21 X _____	= _____
<i>Special #6</i>	\$21 X _____	= _____
	Amount Due:	_____

Name: _____

Address: _____ Zip _____

City: _____ Phone: _____

Pick up is August 21st, from 8:00 am to 11:00 am at the 8th street Middle School

You may reach us at 1 888-838-1985 ext 100